



Living with Dementia: Caregiver Workshop Series

Thursday, March 18th and Friday, March 19th
10AM - 11AM

Join us for a 2-day series of interactive workshops covering important areas of engaging and caring for someone living with dementia:

Thursday, March 18th

- *COVID-19 and Caregiving*, Alzheimer's Association

Friday, March 19th

- *Use of Memory Aids*, Community Hospice and Palliative Care
- *Maximizing Quality of Life in Dementia: A Palliative Approach*, Memory Disorder Clinic
- Expert Discussion Panel

Expert Panelists:

- **Milva Ballester**, Alzheimer's Association
- **Doug Schilling**, Community Hospice and Palliative Care
- **Dr. Maisha Robinson**, Mayo Clinic's Memory Disorder Clinic

Follow the link to register:

bit.ly/dementiacaring

Stay tuned for more Virtual Caregiver Workshops. To stay informed, sign up for our newsletter at CaregiverCoalition.org or follow us on Facebook:



[CAREGIVER COALITION OF
NORTHEAST FLORIDA](https://www.facebook.com/CaregiverCoalitionOfNortheastFlorida)

For questions, please contact:
Kandise Chrestensen, 904-391-6603
or info@caregivercoalition.org

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Caregiver Coalition Partners:

AARP; Aging True; Alzheimer's Association; Baptist Health AgeWell Center for Senior Health; Berg Bryant Elder Law Group; City of Jacksonville, Senior Services Division; Community Hospice and Palliative Care; ElderSource; First Coast YMCA; Florida Blue; Florida Christian Center; Home Instead; Jewish Family and Community Services; Mayo Clinic Florida; Millennium Physicians; North Florida AHEC; St. Johns Council on Aging; Sunshine Health; Toulou Wootan, Caregiver Advocate and Founder; VITAS Hospice

